NEUROPSYQUE®

HEALTHY BRAIN,
HEALTHY LIFE

THE THERAPEUTIC PROCESS: THE 10 PILLARS OF TREATMENT AT NEUROPSYQUE

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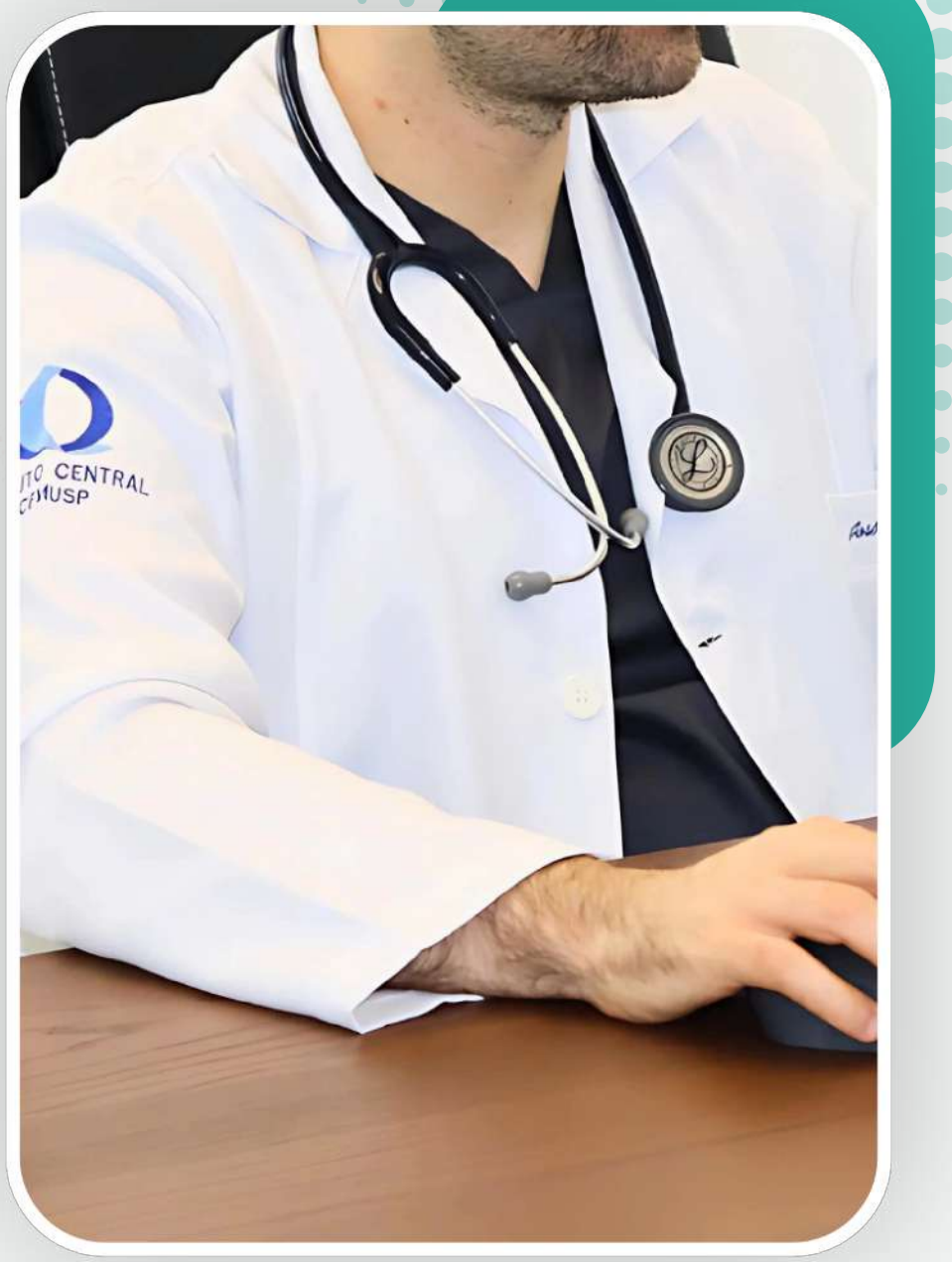
The **Therapeutic process**:
the 10 stages of treatment and care at **NeuroPsyque**.

More details — p.13

01. Assessment



Everything starts with a specialized assessment.

We analyze your clinical history in meticulous detail.

Symptoms, medical background, and life context are all considered to ensure precise clinical guidance and a deep understanding of your needs.

02.

Screening

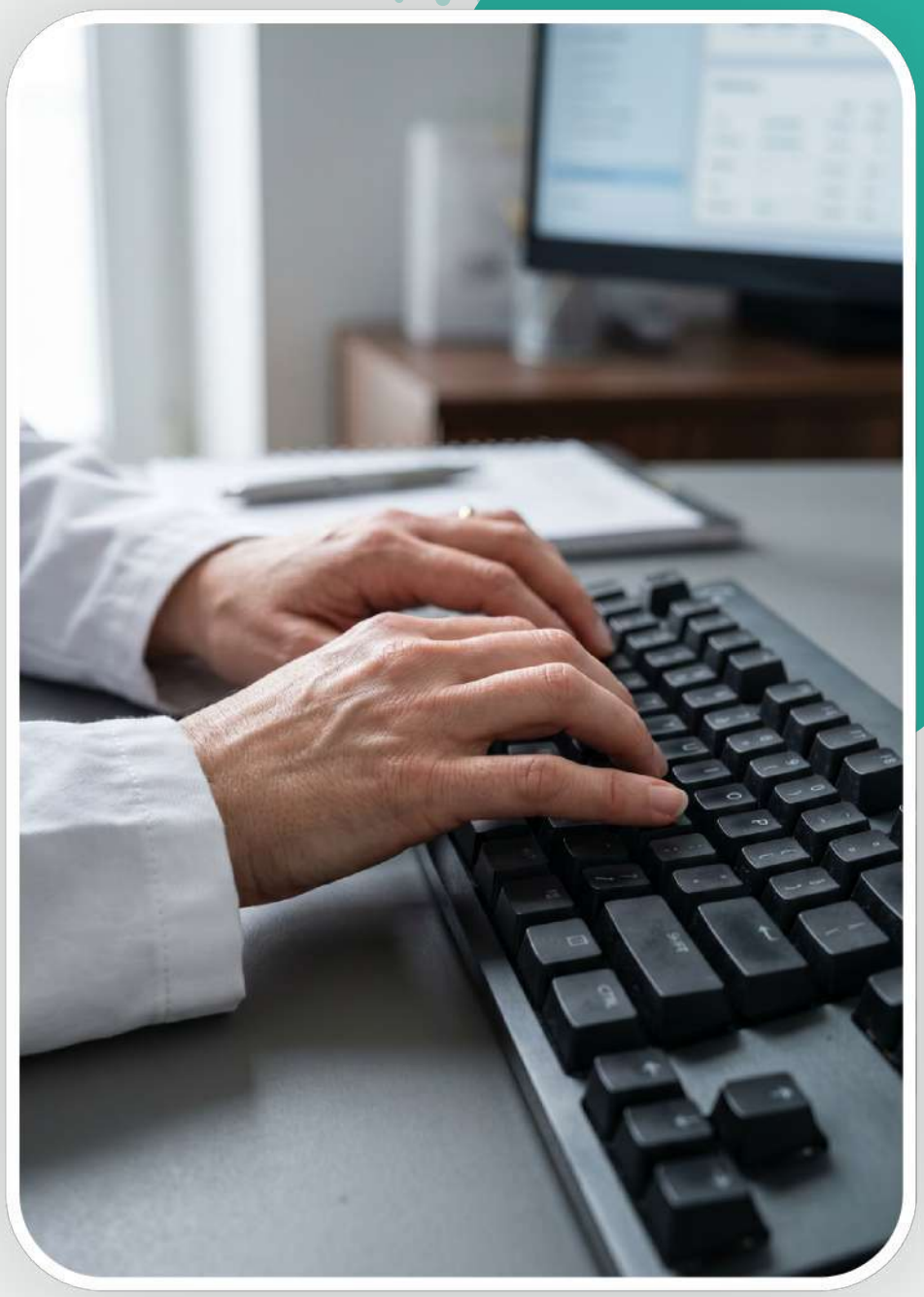
What is affecting your well-being?

Exclusion of hypotheses and identification of causes.

We conduct a systematic analysis to ensure that no neurological, psychological, or metabolic condition goes unnoticed.

03.

Diagnosis



A clear diagnosis to light the way forward.

Understand what is happening — and why.

An accurate diagnosis is the essential first step toward effective, person-centered treatment.

More details — p.13

04.

qEEG Mapping

The brain from the inside out.

We map electrical brain activity in high resolution.

qEEG identifies specific functional patterns with precision to provide data-driven guidance for your treatment.

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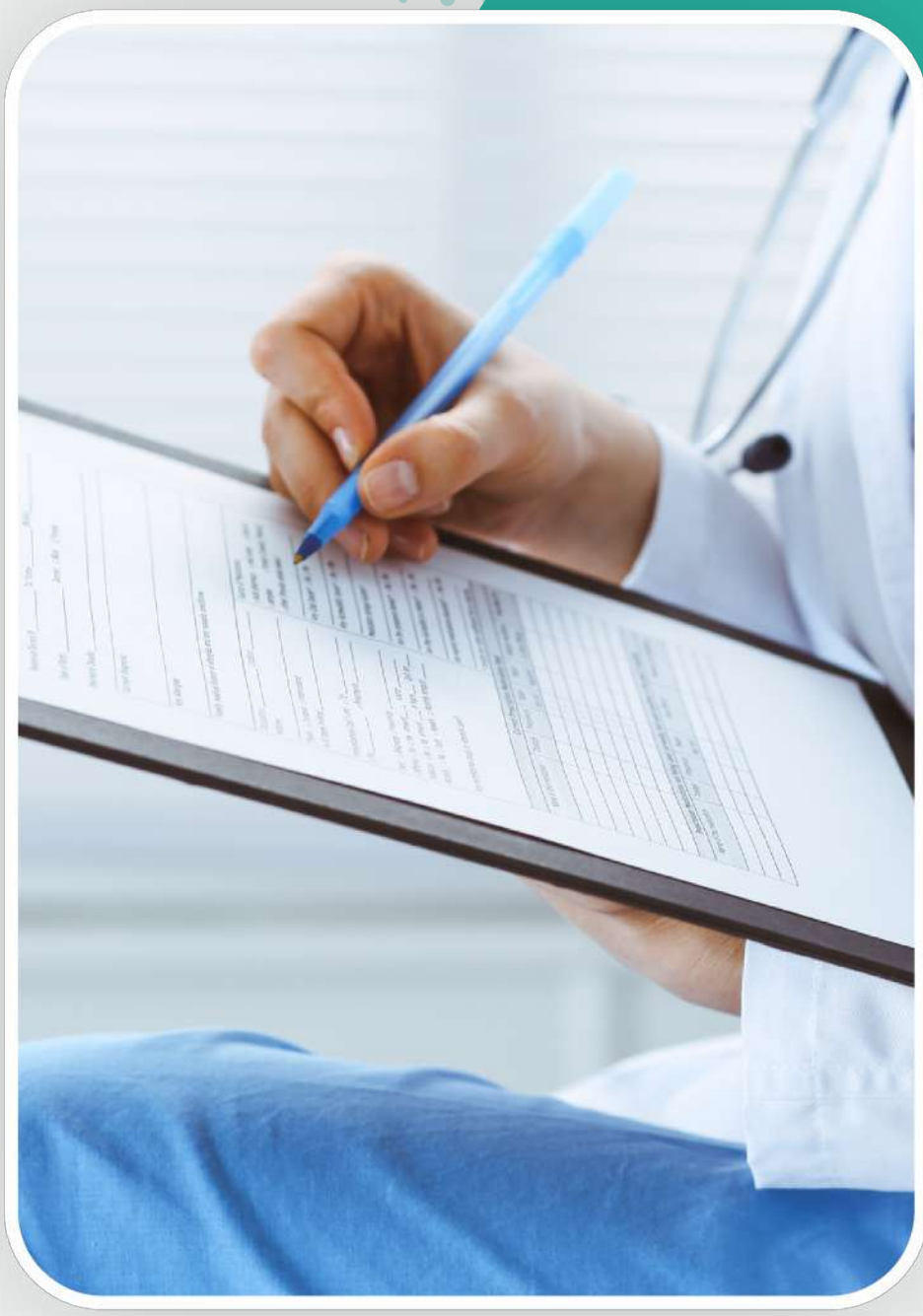
05.

Treatment Plan

A path designed with you and for you.

Definition of interventions, professionals, and objectives.

Your treatment plan is an integrated, individualized roadmap that we adjust over time.



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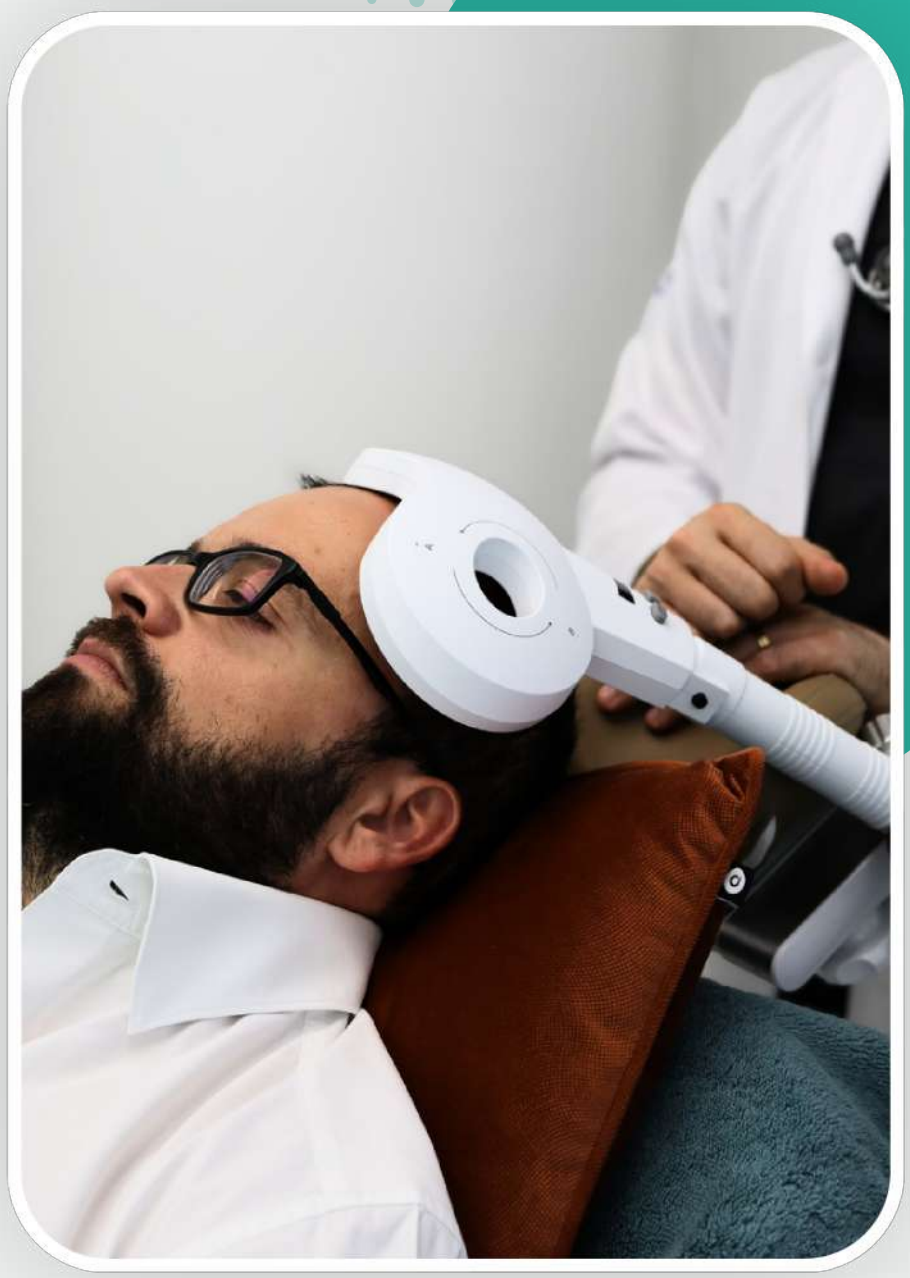
06.

Neuromodulation - Non-Invasive Therapies



Technology at the service of health.

Evidence-based Neurofeedback, TMS, and tDCS.

These interventions act directly on the brain, promoting neuroplasticity and fostering a deeper recovery.

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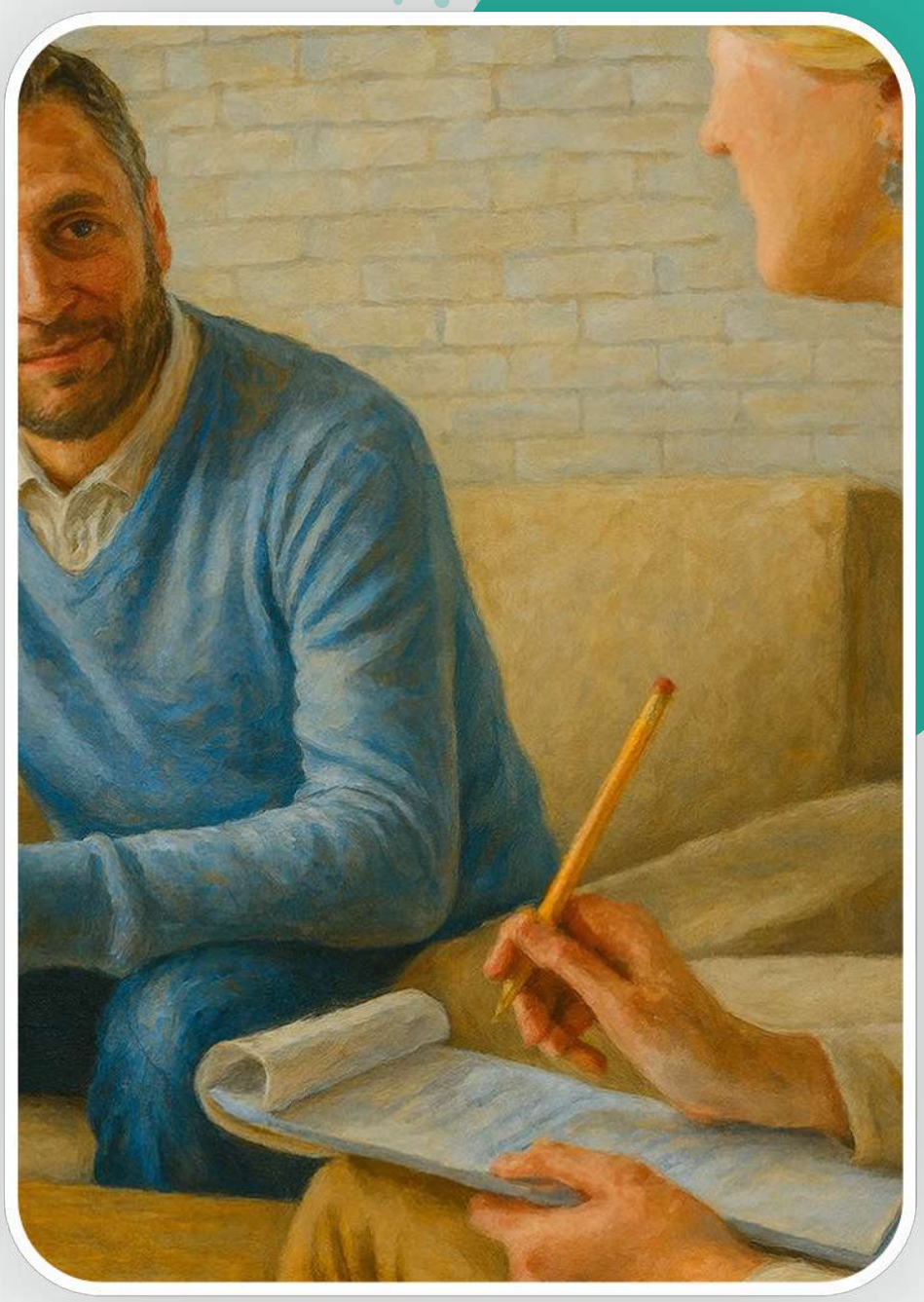
07.

Psychology & Cognition



Balance for the mind and intellect.

Emotions, behaviors, and cognitive functions.

We help you develop lasting internal tools for a more resilient and balanced mind.

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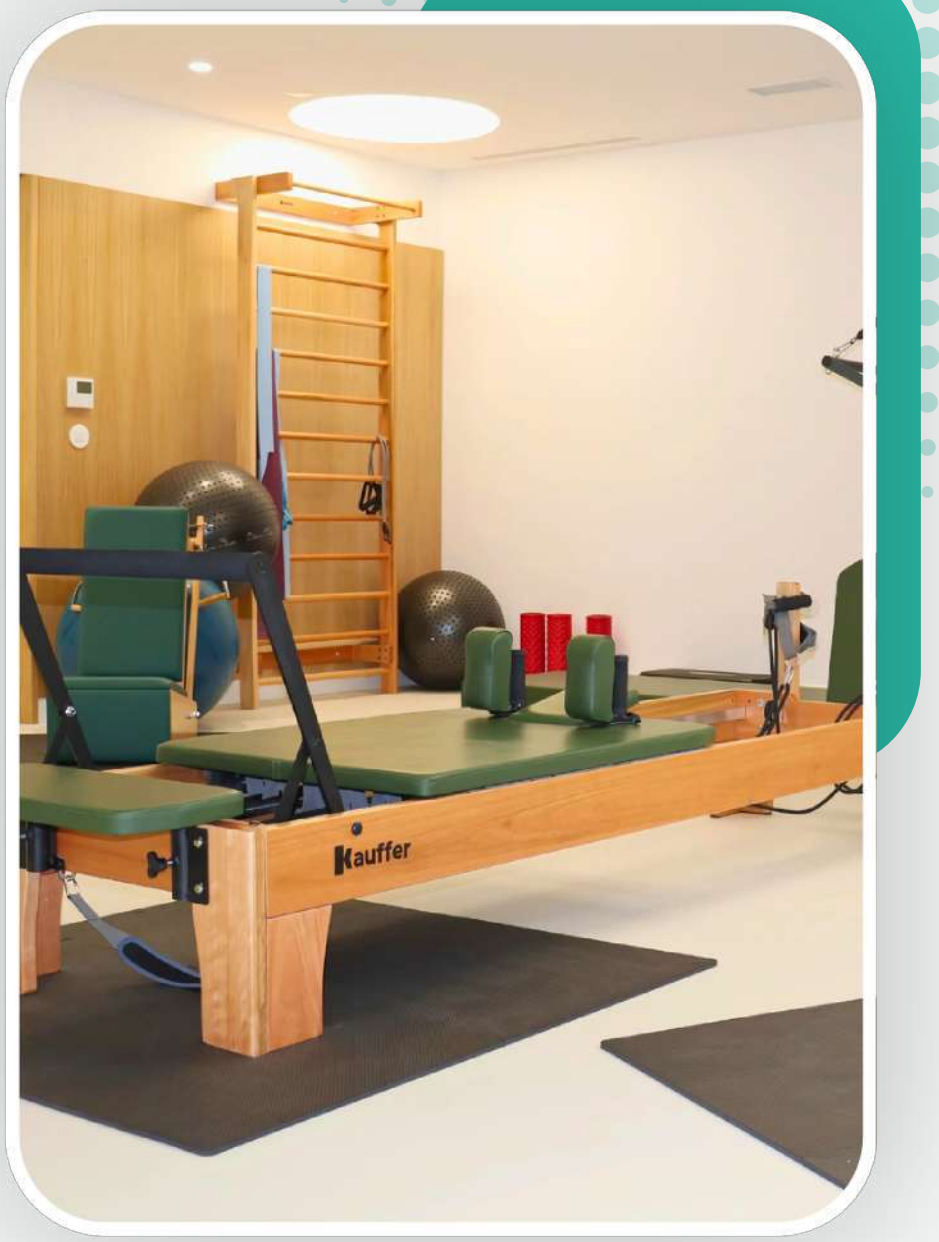
08.

Complementary Approaches

Nurturing the whole.

Movement, Health & Well-being consultations, and alternative therapies.

These approaches enhance primary treatments, reduce physical symptoms, and promote overall long-term systemic balance.



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09.

Rehabilitation

+ capacity
+ autonomy

Physical and cognitive rehabilitation for increased functionality.

A gradual, supported process, always aligned with your personal life goals.

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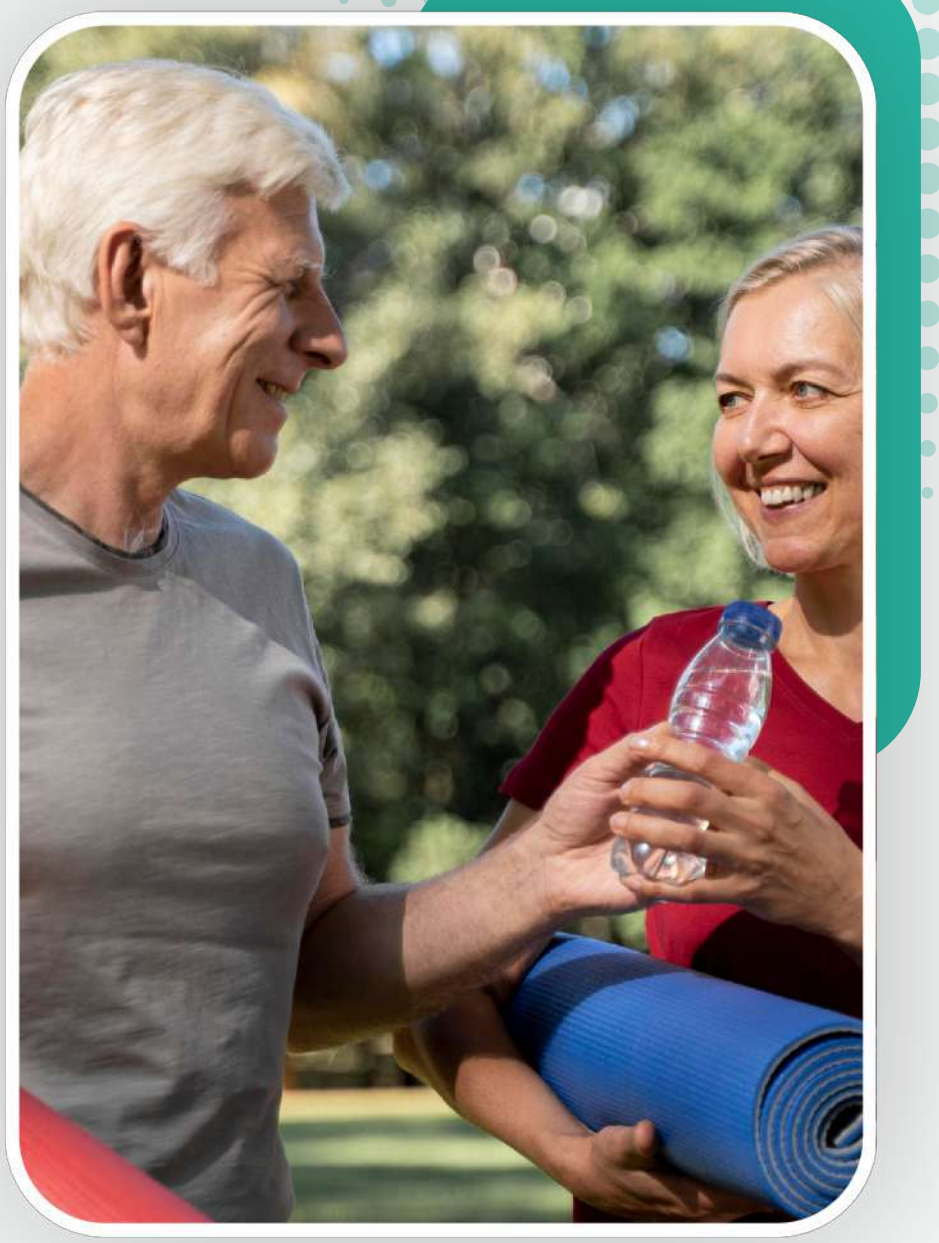
10.

Well-being and Ongoing Support

With you — before, during, and after.



Focus on preventing complications and maintaining progress.

Neurological health is a journey; our commitment is to support you with continuity and clinical rigor.

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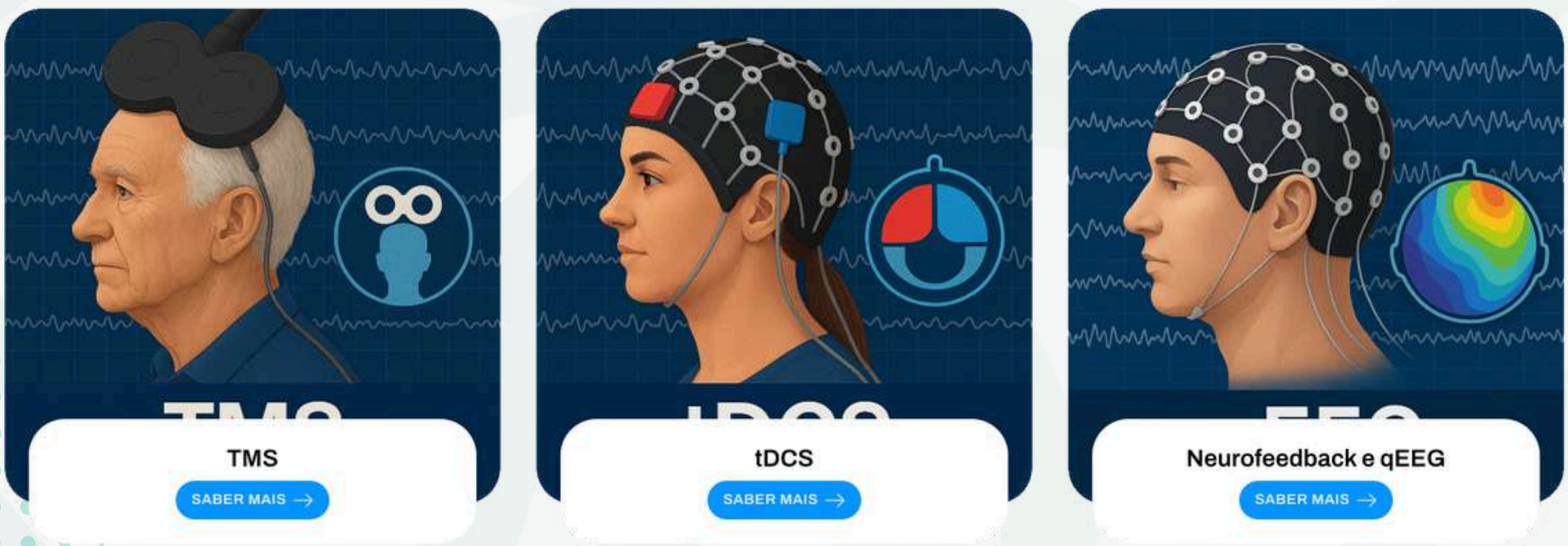
SPECIALTIES:

- **Neurology**
- **Psychiatry**
- **Psychology**
- **Neuropsychology**
- **Physiotherapy**
- **Pilates**
- **Acupuncture**
- **PNEI (Health and Well-being Consultations)**

ADVANCED TECHNOLOGY:



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FREQUENTLY ASKED QUESTIONS:

1. How is the initial assessment carried out at NeuroPsyque?

- The first appointment at NeuroPsyque is always carried out by a medical doctor specialised in Neurology, Psychiatry or Neuropsychiatry. During this appointment, the doctor may recommend different diagnostic tests, such as a Neuropsychological Assessment or a quantitative Electroencephalogram (qEEG), among others.

2. I want to do Neurofeedback. Do I need a qEEG before starting?

- Yes. A qEEG is a test that measures electrical activity in specific areas of the brain. To begin Neurofeedback and monitor progress throughout the treatment, this brain mapping needs to be carried out periodically, in order to check observable changes in brain activity.

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FREQUENTLY ASKED QUESTIONS:

3. Can I book a Neuropsychological Assessment directly?

- If you already have a medical referral, or if you want to book a neuropsychological assessment directly with a neuropsychologist, you can do so without first having a medical appointment. Even so, when symptoms may have a medical, psychiatric, neurological, metabolic or medication-related cause, a prior medical assessment is strongly recommended.

4. Can I book a qEEG brain mapping directly?

- At NeuroPsyque, we carry out this test as part of our Neurofeedback treatment programmes, and also as an additional diagnostic tool when prescribed by a doctor. If you want to do the test separately, you can do so with a medical referral.

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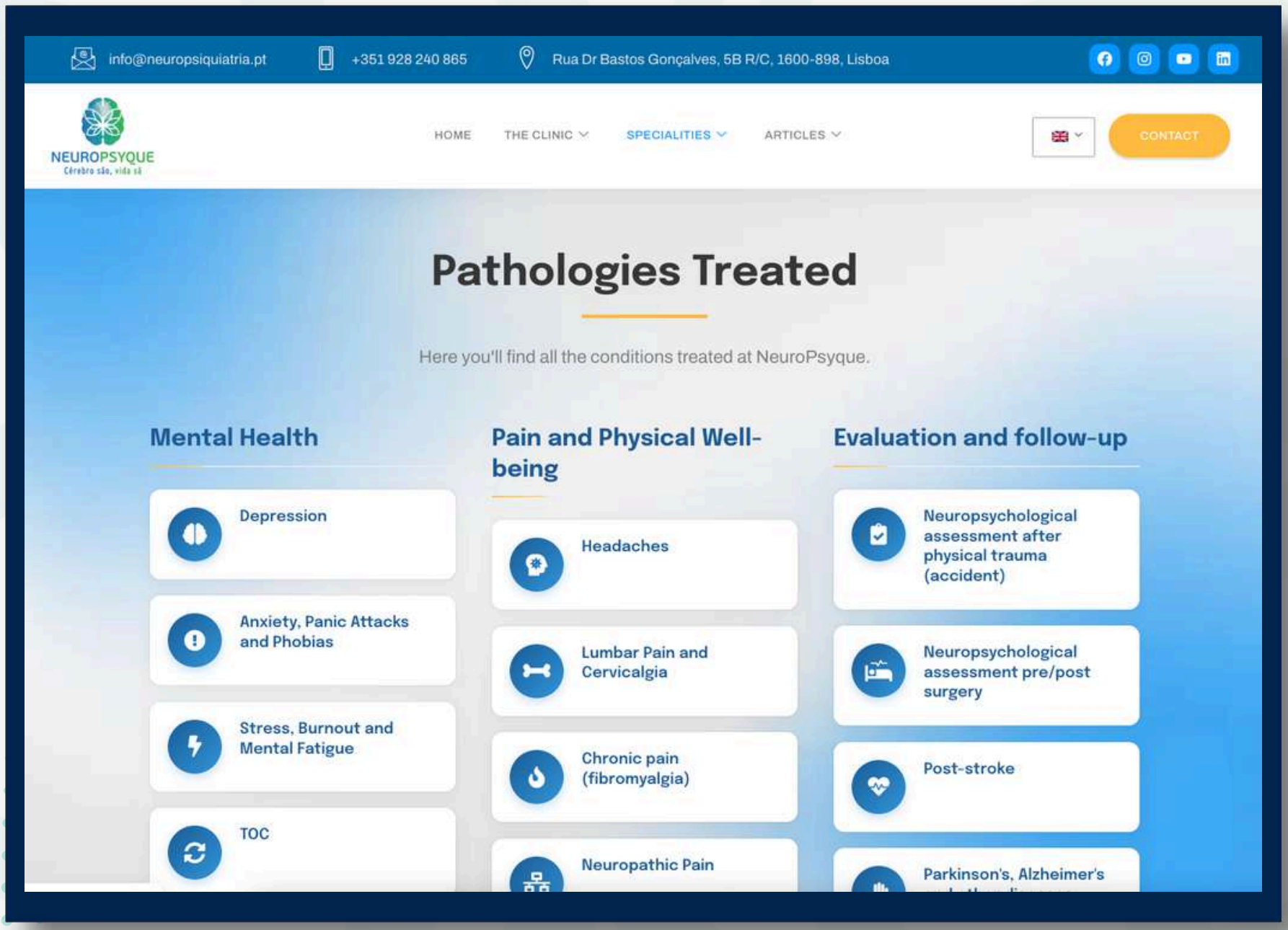
LOOKING TO TREAT A SPECIFIC CONDITION? FIND IT, ALONG WITH OUR SPECIALIZED APPROACH, AT:



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